

EAP WORKSHOP SCHEDULE

Fall 2024

Facilitated by: Michelle Stolicker, EAP Supervisor

Everyone who registers for a workshop (except NYS TRS Overview) will receive a replay link & copy of the Powerpoint slides regardless of whether you were able to attend live.*

- | | | | |
|--|---|--|-------------|
| <input type="checkbox"/> October 16, 2024
Wednesday | Fall Into Fitness
With Michelle Stolicker, EAP Supervisor | Live Online Program | 4:30-5:30pm |
| <input type="checkbox"/> October 23, 2024
Wednesday | Politics Without Panic:
Managing Election Anxiety
With Michelle Stolicker, EAP Supervisor | Live Online Program | 4:30-5:30pm |
| <input type="checkbox"/> October 30, 2024 | ABC's of Adult ADHD
With Michelle Stolicker, EAP Supervisor | Live Online Program | 4:30-5:30pm |
| <input type="checkbox"/> November 13, 2024
Wednesday | NYSTRS Overview
with NYSTRS Representative | Live Online Program &
IN PERSON at OCM BOCES Main Campus | 4:30-6pm* |
| *Please note that due to NYSTRS regulations, this program WILL NOT be recorded.
YOU MUST JOIN US LIVE either online or in person. | | | |
| <input type="checkbox"/> November 20, 2024
Wednesday | Identity Theft
With Andrea Colline, Consumer Credit Counseling of Rochester/Rethinking Debt | Live Online Program | 4:30-5:30pm |
| <input type="checkbox"/> December 4, 2024
Wednesday | Presence vs. Presents
with Michelle Stolicker, EAP Supervisor | Live Online Program | 4:30-5:30pm |

If you have a group in your school district interested in bringing a workshop directly to you either virtually or in person, please contact Michelle Stolicker at 1-800-EAP-8764 or 315-471-1361 or email her at eap@ocmboces.org .
All programs are FREE to attend for component district employees and family members.

TO REGISTER, PLEASE CHECK DESIRED COURSES
PLEASE RETURN ENTIRE FLYER via BOCES MAIL, US MAIL OR EMAIL

Name: _____
School/School District: _____ Position _____
School Phone: _____ Home/Cell Phone _____
E-Mail Address (please print clearly): _____
If applicable, name of guest attending with you: _____

RETURN: **Michelle Stolicker/ OCM BOCES Employee Assistance Program**
906 Spencer Street c/o Prevention Network
Syracuse, New York 13204